

# THE FIRE WITHIN™

with JACQUI BRYAN

MS RN CNS FNLP



## A breath of fresh air

“Jacqui is a dynamic presenter who combines humor, knowledge, and experience. Our staff described her as a ‘fantastic and down-to-earth speaker,’ a ‘breath of fresh air,’ and a ‘true bright light for us to follow.’”

— Patrick Sullivan Ed.D. Assistant Superintendent  
Cohasset Public Schools, Cohasset, Massachusetts

Jacqui Bryan shines a light on the silent battles within our bodies, guiding audiences from hidden health imbalances to peak vitality, armed with a vast knowledge of nutrition science and informed by hard-won resilience.

Jacqui isn't “just another” health speaker. With a rich tapestry of credentials—Jacqui is a Certified Nutrition Specialist®, Functional Nutritionist, and Registered Nurse—she brings a depth of practical and scientific experience to the stage.

However, her personal narratives and success stories genuinely resonate even more than

her qualifications. Jacqui's journey through breast cancer gives her a unique, empathetic perspective with audiences of all kinds. Cancer taught her how to face health challenges with authenticity and compassion—and now she teaches others.

Her stories, infused with her profound insights, offer a unique blend of the human touch with cutting-edge science. Attendees walk away informed, deeply moved, and motivated to take charge of their health.



weightwatchers  
reimagined



COLE HAAN

juiceplus+



Mended Hearts



University of  
New Hampshire

### Public Speaking

- Conventions
- Conferences
- Retreats
- Podcasts

### Corporate Wellness

- Management training
- Workshops
- Employee resources

### Brand & Media

- TV
- Print
- Podcast interviews
- Strategic consultant

## Longer Programs

(60–90 Minutes)

- Build Better Bones
- Your Distracted Immune System
- Fuel Your Passion
- Burnout To Standout in 5
- Build A Better Brain
- Chew On This
- Building Resilience
- Sugar: The Anti Nutrient
- Know Stress
- Live An Anti-Inflammatory Life
- Tip The Scales
- Reframe Weight Loss
- Tame The Flame

## Shorter Programs

(~30 Minutes)

- Balance Blood Sugar
- Cholesterol and Heart Health
- Omega 3's
- Where Did Our
- Sleep Go?
- Magnesium 411
- Vitamin D
- Fat or Fiction
- SunSense
- Endocrine Disruptors
- Love Your Liver
- Optimal Hydration

If your organization has unique needs, Jacqui can also craft a tailored wellness program to align with your specific objectives, giving you the specialized attention your company deserves.



Jacqui kept the whole group engaged in different activities and encouraged all to participate.

*Alison Wright, LifeShare*

A dynamic speaker. She has a vast wealth of knowledge that she shares in a way that keeps her audience captivated and engaged.

*Camellia Marazzi, Sylvan Road*



I hired Jacqui to speak to an event I hosted with clients and prospects and couldn't have been more impressed!

*Ryan P. McCabe, Ameriprise*

Jacqui is a phenomenal communicator. Her presentation style engages her audience and presents in ways that are easy to understand.

*Debra Holloway, Great Bay Community College*



Nutrition and health can be a quagmire of misinformation. Jacqui can clarify the facts for the average person.

*Dr. Dianne L. Egan*

## Ready To Get Started?

To book Jacqui Bryan please call **603-498-2988**  
or send an email to **Jacqui@JacquiBryan.com**.

